

THE GRANGE SCHOOL
DAVENTRY, NORTHAMPTONSHIRE

NEWSLETTER

ISSUE DATE
22nd November 2023

Chocolate
Mufti Day 24th
November

Meet Father
Christmas Book
Via Parent Pay



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DATES FOR YOUR DIARY

Thursday	23rd November	Y2 Group 4 Cinema AM
Friday	24th November	Whole School Athlete Visit
Friday	24th November	Mufti Day for Chocolate
Friday	1st December	FROGS Christmas Fayre
Friday	1st December	After School Clubs Cancelled
Tuesday	5th December	Y4 Church visit- more info follow
Thursday	14th December	Carol Concert 5.30 Invitations To Follow
Monday	18th December	Santa Panto
Monday	18th December	Carol Concert 5.30 Invitations To Follow

Tuesday	19th December	EYFS Nativity 9.30
Tuesday	19th December	Y1, Y5 and Y6 XMAS Party
Tuesday	19th December	Christmas Lunch- order via Freshstart
Tuesday	19th December	Christmas Carol Concert Invitations To Follow
Wednesday	20th December	EYFS, Y2, Y4 and Y5 Christmas Party
Wednesday	20th December	School Closes at 3.15pm
Monday	8th January	School opens for pupils 8.40am

Visit Santa in his Grotto

Advent Event: Friday 1st December 3.30pm – 5.30pm

Tickets available on ParentPay from Wednesday 15th November.

£2 per ticket

Each child will spend 15 minutes with santa and receive a small gift.



Attendance Matters

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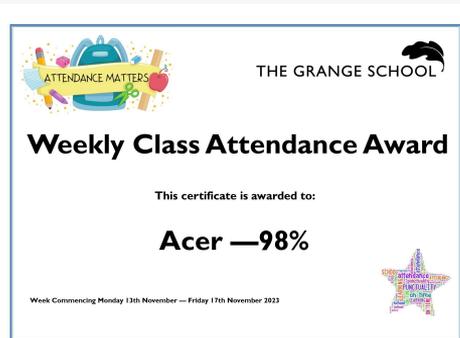


Attendance Facts: (04/09/23-17/11/23)

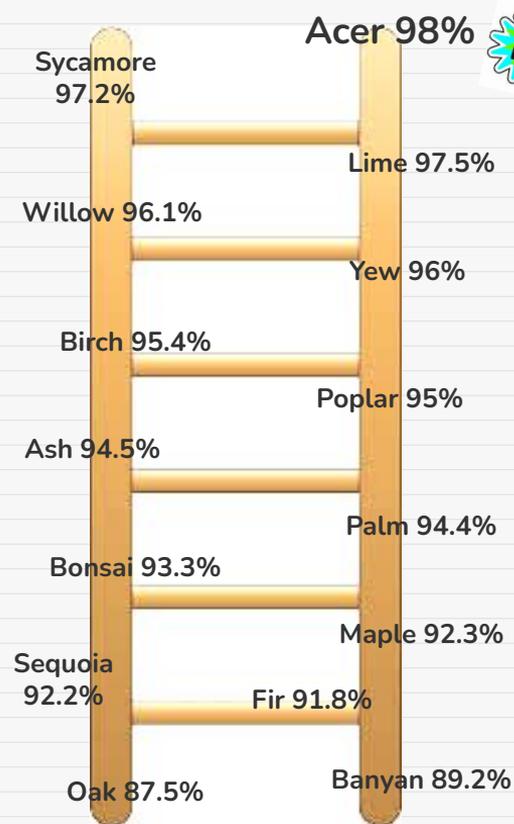
Our whole school attendance to date **95%**

National average to date - **93.7%**

Well done to all **337 pupils** who had great attendance last week (96% or above) Brilliant!



Weekly Class Attendance for: Monday 13th November- Friday 17th November



Attendance Matters



Late arrivals to school:

Doors close at 8:45am, children arriving after this time, must be signed in at the school office.

We are seeing an increased number of children arriving late to school in the morning. Last week alone we had over **60** children sign in late, this equated to **891 minutes!** That's over **14 hours** of lost learning time in one week!

When your child arrives late at school, he/she misses the teacher's instructions and the introduction to the lesson. Frequent lateness can add up to a considerable amount of learning lost, and can seriously disadvantage your child.



NHS

It can be tricky deciding whether or not to keep your child off school when they're unwell. Below is some of the guidance provided by NHS Direct.

Guidance provided by NHS Direct can be found [here](#)

Coughs and colds

It's fine to send your child to school with a minor cough or common cold. But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a high temperature, keep them off school until it goes away.

Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

***If you do keep your child at home**, it's important to phone us via our absence line. (01327 705785, Option 1) Please explain that your child won't be in and you must give the reason.*

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore, please inform your child's class teacher.



What are Changemakers?

Changemakers are groups of pupils (committees) who meet and discuss different ways in which they can better the school community. They also work to raise awareness of their particular area of interest/expertise.

Meet
the ...



Eco Changemakers meet regularly to discuss eco-friendly and environmental issues in school. They will:

- ensure school is eco-friendly
- ensure each class has a platform to voice their opinions
- discuss and raise issues related to the environment



A Spotlight on Special Needs



Meet the SEND Support Team

Hello,

My name is Miss Medlin, and I work as a behaviour support assistant at the Grange School. I have worked here for five years and am responsible for supporting the entire school. I started my journey at 16 as an apprentice and have since specialised in the pastoral aspect of meeting children's needs.

I greatly enjoy helping children regulate their emotions and develop their social skills. This year, I will expand my skills by pursuing ELSA training and completing a course on children and young people's mental health.

I am proud of my role as a behaviour support assistant and look forward to continuing to support the children at the Grange School.

"The more we can look into a child's behavior to understand it, the more compassion we'll have."
- Brené Brown



When little people are overwhelmed by big emotions, it's our job to share our calm, not to join their chaos.
-s. hood

©KazuoIshio

We need your views



We wrote a plan to work together to make services as good as we can for children and young people with SEND. This is called the Special Educational Needs and/or Disabilities and Alternative Provision Strategy.



We now want to create a way to check that our plan is making a difference to your lives.

We would like you to answer 3 questions on Mentimeter.

You can access the questions 3 ways:

<https://www.menti.com/alcn5k6eqyvt>

Web link and code: menti.com – enter code: 8961 2311

QR code



We will collect everyone's thoughts and opinions and use these to create a document called an Outcomes Framework. This will help us check if we are making a difference and help us plan what we need to do next.

Thank you for helping us to make things better.



Integrated Care Northamptonshire



THE GRANGE SCHOOL VALUES

Confidence



Courage



Tenacity



Empathy



Integrity



Resilience



Last week was Anti-Bullying Week. We linked the work on Anti-Bullying to the British Value of Tolerance.

We celebrated our differences during Odd Socks Day and learnt that we should respect and tolerate other people's differences..



Tenacity



THE GRANGE SCHOOL

Value of the Week

This week we are learning about what **tenacity** means. We have been learning that to become successful at something, you often have to demonstrate tenacity.



This week's Values Superheroes are:



Resilience



THE GRANGE SCHOOL

Brandon Holland

Integrity



THE GRANGE SCHOOL

Patricia Popa
Sara Mruk

Tenacity



THE GRANGE SCHOOL

Miles Checkley
Madalina Molosnic
Aiden Allen
Oscar Taylor
Luke Whyles

Courage



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Emma Craciun
Joey Burgoyne

Confidence



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Johnathan Steltz
Emma Craciun
Frankie Richardson

Empathy



THE GRANGE SCHOOL

CHOCOLATE MUFTI DAY!



Chocolate Mufti Day – 24/11/23

We are inviting children to come to school in Mufti clothes for a donation to our Advent Chocolate Tombola

Friday 24th November

Please remember we are a nut free school.

Thank you for your support.



We are a nut free school. Many chocolate spreads include nuts. Please check these carefully.

THE COUNTDOWN IS ON FOR OUR ADVENT EVENT...

The Grange School Advent Event



Please support our school by attending our annual Advent event.

Friends and Family Welcome

FRIDAY 1st DECEMBER 3.30pm – 5.30pm

Santas Grotto (tickets on sale via parent pay)

Tombolas

Refreshments

Guess the name of the teddy

External Stalls

... 9 days to go

Remember - Afterschool clubs are cancelled on 1/12/23

HAVING CONVERSATIONS WITH YOUR CHILD ABOUT VAPING?

Find the right moment

when you see someone vaping, walk past a vape shop or see advertisements.

Ask questions what do they think about vaping? Do they know people who vape? Why do they think people vape?

Listen to them learn from them, but also use your knowledge to help them understand the facts and that vapes are not harmless.

Talk about your expectations explain your concerns and tell them why you don't want them to vape or smoke and to make clear that although neither are recommended, smoking is the far greater risk.

Let them know that you care about them explain that those who knowingly sell vapes to under 18s don't care who they sell to and they are just interested in making money.

Talk about the different reasons why children may vape give examples such as wanting to fit in, curiosity, stress. Talk through effective ways to respond if they ever feel pressured to try it and practise responding together.

If your child is vaping try to understand why they are vaping by asking questions like "What do you enjoy about vaping?" Or "How does vaping make you feel?". Understanding this might help you to understand their needs and discuss other ways to meet those needs.



Developed by Smokefree Sheffield in collaboration with Action on Smoking and Health (ASH)

VAPING AND E-CIGARETTES: THE FACTS FOR PARENTS AND CARERS



This leaflet is to support parents and carers to have conversations with their children about vaping.

WHAT IS VAPING?

Vaping is the use of an electronic device to inhale vapour derived from a heated liquid. The main ingredients are vegetable glycerine and propylene glycol, but most e-liquids also contain nicotine, which must be no more than 2% or 20mg per ml, as well as small amounts of flavourings and sweeteners.

SMOKING VS VAPING

Smoking is much more harmful than vaping. Tobacco smoke contains carbon monoxide and tar, a sticky soup of around 250 toxic chemicals, 69 of which are known to be carcinogenic, causing disease, disability, and early death.

HOWEVER, VAPES ARE NOT HARMLESS

Short-term effects can include:

- coughing
- headaches
- dizziness, and
- sore throats.

Long-term effects are, as yet, unknown.

WHAT ARE THE CONCERNS WITH VAPING AND CHILDREN AND YOUNG PEOPLE?

Most children and young people don't vape or smoke. However, in 2022 the number of 11-17-year-olds in Great Britain currently using vapes rose to 7% compared to 4% in 2020. Whilst this increase is concerning, it is important to note that most vaping is experimental, with regular vaping mainly confined to children who currently smoke or have done in the past.

The increase in youth vaping has coincided with the arrival on the UK market of a new category of cheap and attractive disposable vapes that have proven particularly popular with children and young people and have been promoted extensively on social media. We are working hard nationally and locally to address these issues.

HOW DO VAPES HELP SMOKERS QUIT?

Like nicotine patches and gum, vapes containing nicotine are a useful aid to quitting as they deal with the cravings smokers get when they try to stop. Nicotine vapes are proven effective and have become the most popular quitting aid for smokers in recent years. However, vapes are not recommended for non-smokers, particularly children.

THE LAW AND VAPING

Vapes and vaping products containing nicotine, like tobacco, are age restricted. It's illegal to sell them to under 18s, and for adults to buy them on their behalf.

If you know of anyone who does sell vapes or tobacco illegally, you can report them to trading standards through the Citizens Advice online portal: citizensadvice.org.uk/consumer

Advertising of all tobacco products is illegal, but if you see advertising for vapes that you feel is trying to encourage children and young people to try vaping, you can report it to the Advertising Standards Authority: asa.org.uk

For more information about vapes and stopping smoking, visit the West Northamptonshire website: westnorthants.gov.uk/stopsmoking

Children and Young people can find out more information on vaping on the FRANK website: talktofrank.com/drug/vapes

Or read the ASH Briefing: ash.org.uk/uploads/ASH-brief-for-local-authorities-on-youth-vaping.pdf



**OUR ADVICE TO CHILDREN AND YOUNG PEOPLE IS:
DON'T SMOKE? DON'T START TO VAPE.**



Interested In Playing Hockey?

Long Buckby Hockey Club are looking for new players to join our growing junior section



Where?

Parker E-ACT Academy
Ashby Rd, Daventry NN11 0QF

Cost

Club Membership - £15
Training sessions - £3

When?

Sundays -
U8/U10 10.00-11.00
U12/U14 10.30-12.00
Games - Saturdays (13+)
Tournaments - Sundays
monthly

Interested? Contact us on: JUNIORS.LBHC@gmail.com
All abilities welcome, suitable for age 6+

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help an informed conversation about online safety with their children. Should they feel it is needed. This guide is one of many issues which we believe trusted adults should be aware of. Please visit www.nationalsafesite.com for further guides, video and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to your child. It's not uncommonly possible that your child has been exposed to harmful content, lives are being impacted - sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which, as a trusted adult, we can't control, but we can still help children to be aware of their mental wellness, recognising when something isn't OK - and knowing what to do about content that upsets them.

- ### 1. UNDERSTAND THE ALGORITHM

Algorithm rank content by user interest, engagement, frequency and see the latest results at the top of their feed. It means if a user travels content that can cause harm, that's what will be recommended to them. Adults should encourage children to avoid feeds for people who've had a bad day and look for posts which reflect their own interests to share more and more.
- ### 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use their filter functions to view posts of interest, or they can take control of what their child's phone shows them when they open the app.
- ### 3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online helps you, as the carer, to see if they're interacting with. Don't assume that all content is safe. Discuss any inappropriate material, or even that your child would receive a report for, with your child. Ask them what they're seeing, what posts they like and what they don't like. It could be time for a more in-depth talk or to seek professional help.
- ### 4. LEARN HOW TO HIDE CONTENT

If your child stumbles across undesirable content on social media, there's a filter option to hide that post, or even to block it. If you'd like any information on how to be suggested in future, or on some practical steps you can take to block posts that contain specific words, which is not as easy to do as it sounds, contact your child's school for more information.
- ### 5. SET DAILY LIMITS

Phones and most apps can tell you how long you've spent on them. Encourage your child to set a limit on how long they spend on social media. It's important to set round-the-clock limits, not just at bedtime. It's also important to encourage your child to take breaks from their phone. Encourage your child to create this agreement with you. It's important to have a conversation about this.
- ### 6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using their phone can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to explore their independence. But you can still occasionally peek to see if they're being safe. It's important to try not to sound judgemental about your child's activity.
- ### 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check a smartphone for notifications. For children, it's even more tempting. Turn off push notifications for social media apps and other apps that you don't want to check. Most of us have other things to do that we need to do, so notifications will still be there later, when we have more time.
- ### 8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to use them on their own can result in exposure to vulgar, damaging content. It's important to have a conversation with your child about what they're seeing and what they're doing. Encourage your child to use devices together with you. This way you can see what they're doing and what they're seeing. It's important to have a conversation about this.
- ### 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, which can help to reduce stress and improve mood. Encourage your child to engage in other activities, such as sports, music, or art. Encourage your child to spend time with friends and family. Encourage your child to spend time with their phone and enjoy their phone. Encourage your child to spend time with their phone and enjoy their phone. Encourage your child to spend time with their phone and enjoy their phone.
- ### 10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so any people they're connected to can see their posts. Encourage your child to be careful about what they post. Encourage your child to be careful about what they post. Encourage your child to be careful about what they post. Encourage your child to be careful about what they post.

Meet Our Expert
Shelley Swain - Ash is executive headteacher at a specialist primary school in an emotional literacy context, works in a school setting to focus on the mental health and wellbeing of children and young people. She is also a member of the National Online Safety team. She is a member of the National Online Safety team. She is a member of the National Online Safety team.

National Online Safety
#WakeUpWednesday

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